



# Developmental Milestones

Developmental & Disability  
Services of Lebanon  
Valley, Inc.  
1126 Walnut St.  
Lebanon, PA 17042  
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For children between the  
ages of birth to 2 years,  
parents should call the  
Lebanon County MH/MR  
office at (717-274-3415)  
to have their child  
screened for a delay.

For children between  
the ages of 3 to 5  
years, parents should  
call the Lancaster-  
Lebanon IU-13 office  
at (717-606-1601) to  
have their child  
screened for a delay.

Every child grows and learns in his/her own way and at his/her own pace. If you have a concern for your child, you can have them screened by a team of professionals to determine if they qualify for early intervention services. In Pennsylvania, these services are offered free to children who are eligible to receive them.

## Not sure your child has a delay?

Use the guide below to help gauge your child's development.

### 6 Months

- ROLLS from stomach to back
- REACHES for toy
- MAKES SOUNDS for specific reasons (hunger, wet)
- HELPS hold bottle while drinking
- PATS mirror image

### 1 Year

- SIT/crawl/walk
- REPEATS sounds made by others "ma-ma, da-da"
- FEEDS self cookies or crackers (may not be neat)
- WAVES bye-bye
- TURNS pages of a book

### 2 Year

- SPEAKS 5-10 words and puts 2 words together "more juice"
- UNDERSTANDS names of toys and food
- POINTS to body parts (eyes, nose, toes) when asked
- PLAYS dress-up games and pretends with cars or dolls
- BEGINS to play alone for a few minutes

### 3 Year

- BEGINS to feed and dress self without help
- USES words to make needs known
- SPEAKS in three-word sentences: "Mommy go home"
- IS toilet trained
- HELPS adults clean up toys

### 4 Year

- TELLS stories
- SPEAKS clearly and can be understood by non-family members
- GETS ALONG with other children
- FOLLOWS two directions:  
"Bring the ball and put it on the chair"
- MATCHES some objects and colors